



Partnership Board  
Organisation

## **Kent Learning Disability Partnership Board Delivery Group Project Application Form**

Date of application; 28<sup>th</sup> June 2013

Name of Delivery Group Good Health Group

How much are you asking for? £310

### **Please tell us a about your Project:**

The project will provide a set of 6 interactive resource boxes to support people to think about and take more control over their own health. To help people think about making healthy decisions. The boxes can be used by people who are not health "trained" (professionals) as there will be written scripts and instructions with each box to show what to do and give the health information. There will be a record card for people to make a note of anything that they want to get more information about or to take more action about eg health eating, visit a dentist etc. These record cards can be used to get support to take action on a particular area of health and wellbeing.

The boxes can be used at DPG meetings and will be available to all DPGs to use across Kent. The boxes can also be borrowed by other groups who want to help people think about their health.

The boxes will have activities to demonstrate different good health practices in an interactive way. This has taken into account experiences of health groups run by Community Nursing Teams, for people with learning disabilities and built on things that have worked particularly well.

### **How will the Project link with District Partnership Group Plans?**

We are aware that raising awareness of Health Action Plans and how these can help people to improve their own health and make good lifestyle choices. These resource boxes will help the DPGs to do this by holding health focused events.

### **Please tell us expected start time of Project**

Sept 2013

### **Expected finish time of Project**

March 2014 for DPGs to have held events but resources would be available to other groups beyond that date.

### **Please tell us what are the expected outcomes of your Project?**

People with learning disabilities will have a better understanding of how choices they make affect their health.

People will have information on areas of their health that they need to think about and address.

More people will think about making a health action plan and know the sort of things that they could include in it to help stay healthy ie its not just about health conditions and medication.

People will have a better understanding of who can help and support them to stay healthy and follow up things in their health action plan.

If your application is successful the Kent Learning Disability Partnership Board and Valuing People Now Cabinet will expect you to report back to them on the progress of your Project half way through and at the finish of you Project.

We expect people to keep good account of how the money is spent. If any money is left over from your project we would like it returned to Kent County Council at the end of your project.

Please send application to Joanne Jones at Kent County Council at;

Joanne Jones,  
Kent County Council,  
Brenchley House,  
Maidstone,  
Kent,  
ME 14 1RF

Or email [joanne.jones1@kent.gov.uk](mailto:joanne.jones1@kent.gov.uk)

Please state how you would like the money to be paid

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