



As you all know my name is Tina Walker and I am Co Chair of the Good Health Group



# My Background



- I started as Joint chair of Shepway District Partnership Group
- I went on to being a Co chair of the Kent Learning Disability Partnership Board
- I have had many good (Amelia) and bad life experiences with my health.
- My confidence has grown since being with the District Partnership Group/Board

# Why I wanted to be Co Chair of Good Health Group



- I felt that with the experiences I have had with my health, I could possibly help change the professionals way of thinking and attitude.
- I feel that I am good at passing on information to the people that need it.
- I want everyone to have a good experience with their health workers.



**Hello My Name is Nicky  
Wells**

**I am Shadow Chair for the  
Good Health Group**



# My Background



- I live independently with very little support



- I work at the hospital as a volunteer and also volunteer in the PDSA shop



- I have volunteered at voice 4 Kent



- I have had several health issues over the past years where I have used different areas of the NHS.

# Why I wanted to help with the Good Health Group



- I felt that I could bring my good and bad experiences with the NHS to the Group
- I would like to pass on information about good health to others in the community
- By working in the hospital I have learnt a lot about what help is needed in the community



Hello  
My name is Simon Matthews  
and I am  
Co-Chair for  
The Where I Live Group



# My Background



- I moved out of my family home 20 or more years ago.
- I lived in respite for a while
- I then went into ABC independent living scheme
- This flat I felt unsafe in due to people bullying me.
- I was supported to find somewhere else to live and now I live in a flat rented off the Salvation Army.



# Why I Wanted to Co Chair The Where I Live Group



- I am interested in this group because I have lived in different places around this area and been supported in different ways.
- I feel that I can voice the good and bad experiences of living in the community
- I like to help others as much as I can by passing on good information





My name is  
Alex Scott and  
I am Co Chair of  
The Keeping Safe  
Group



# MY BACKGROUND



- I have been Co Chair of the Shepway District Partnership Group about 5years.
- I have been a Walk and Talk group leader for 3 years
- I am also a member of the Independent Police Advisory Group

# Why I wanted to be Co Chair of Keeping Safe Group



- I wanted to help others to understand how to stay safe in the community
- I am interested in all the different organisations that can help to keep us safe
- I like to make sure other people have the information they need to stay safe