

Kent and Medway Strategy

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# About NDTi



# About the Kent and Medway Strategy



- Integrated Care System wants to have priorities, and a plan for 2022 onwards
- For Health and Social Care and more
- Based on what people with learning disabilities and autistic people say is important
- For all ages of people
- Including the things people have already said



# What has happened so far?



- Reading lots of existing plans and reports- Not all voices in there.
- Listening to people with different experiences and roles
- What does a good life look like?
- What helps? What gets in the way?



<b>Roles/ views</b>	<b>number</b>	<b>Kent</b>	<b>Medway</b>	<b>Both</b>	<b>Age groups</b>
<b>Autistic people- individual interviews</b>	4	2	1	1	Adults
<b>People with learning disabilities- individual and groups</b>	12	7	5		YP and Adults
<b>Mixed groups- including autistic people, people with learning disabilities and both</b>	15	12	3		YP and Adults inc older people
<b>Families</b>	12	6	6		4- CYP and 4 adults and 2 older people
<b>Health professionals various roles</b>	16	2	8	6	Mixed
<b>Social Care - various roles</b>	10	4	4	2	Adults
<b>Community and Advocacy</b>	5	2	2	1	3 CYP 2 Adults
<b>Leaders and commissioners</b>	14	7	4	3	Mixed
<b>NHSE Regional</b>	3			3	Mixed
<b>Total</b>	91	42	33	16	

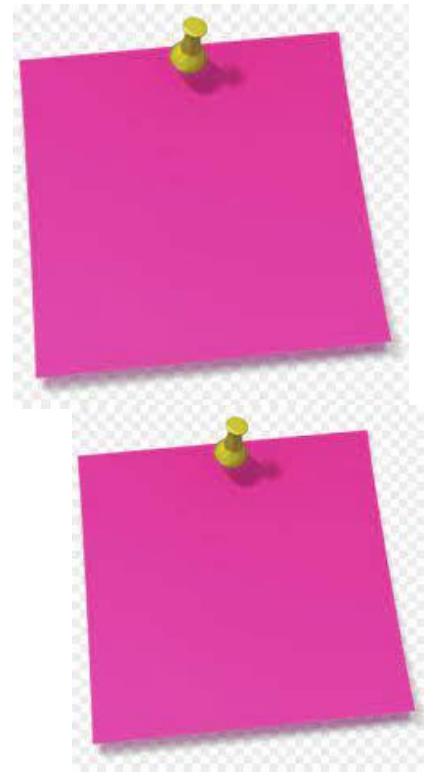




Grouped people's  
comments and ideas  
into themes

ON a big online board

Need to be careful not  
to lose detailed  
messages



<https://app.mural.co/invitation/mural/ndti8437/1628075906924?sender=ucddf405dc49800c593657603&key=9d7874d3-483b-4ce7-8d3f-d2a098dd69c9>



Autistic people told us:

Better understanding  
of autism needed  
everywhere, shared or  
trained by autistic  
people



- Great Support (and what that could look like)
- Having own home (with support for the things that person needs help with- not necessarily “independence skills”)
- Jobs (including support tailored to person)
- Friends that like doing the same things. Opportunities to connect





- Autism and person led support
- Support services truly understanding autism and/or consistent professional who really knows the person

- Families

- Poor support with Mental health

- Delay in diagnosis

- Poor information for children and families

- Not enough prevention

- Not enough or right employment support

- Lack of understanding of autism in health, social care, education



Autistic people told us:



People with learning disability told us:

They often have support, but not enough control over what they can do with that, or enough control over their own home and activities



- Having own home (a new house that I chose)
- Relationships (allowed to live with my partner or see them –they moved miles away)
- Jobs (more supported employment available)
- Friends (new friends and don't lose touch with old ones)
- Pets (to own my own dog or be allowed a budgie)
- Fitness and Leisure (go to the gym, join a dance group)
- Respect (I want to be listened to not treated as a child)



## People with learning disabilities told us:



- Advocacy and speaking up groups
- Being listened to- by staff, and in meetings- “don’t assume I can’t”
- Acceptance- in communities as well as at home- places people know me
- Hobbies- Social care that knows its there to help with whole life
- Being lonely
- Not having a job
- Not liking where I live, or who with
- Waiting for support and healthcare
- Support that doesn’t work for the person- shared and limited





- Support must be person led, and for the future
- Personal budgets/ PHBs can work well
- People have a right to an ordinary life! Many have nothing to do
- Information and support must be available
- Families (if they are around) can be partners
- Systems are too complicated
- Health and social care don't always listen

Families told us:





Keep learning



Direct Payment



Health professionals  
told us:

- They need more staff who understand autism and learning disabilities
- Flexibility- they want more prevention and flexible ways to help people
- Personal budgets/ health budgets are good but need to work better
- Social prescribing can work well- but not enough
- Waiting lists for diagnosis and support take too long
- Families need better support and information
- Data sharing between services is needed



## Social Care workers told us:



- Inclusion- We want to be able to help people have a life.
- Employment support
- People and systems that talk to each other
- Enough staff who know people well
- Working well with GPs/ Health
- Better cultural awareness needed
- Reward and recognition and enough staff
- Too much paperwork
- Risk averse teams
- Health don't always understand learning disability or autism





People from  
community groups told  
us:



- Peer Support- works well but need more
- Social Prescribing works well (need more)
- Community investment- helps communities welcome people with additional needs
- More community support around autism needed (prevention and information for people)
- Lack of support for people including PIP and Personal budgets/ Personal Health Budgets



What did we hear from  
lots of groups?



- Group discussion today



- Discussion today

What do you think the Plan should include?



What will happen next..



- NDTi summarise what people say matters- across all groups
- Write ideas of what Health and Care could do together
- Share with the Steering group
- Check back with this group
- Together decide on things for a plan for 2022 onwards

