

Kent Pathway Service:

Supporting people with
learning disabilities



September 2015

Supporting you to do more for yourself

Emma's Story



Emma's Care Manager referred her to the service to develop independent living skills.

After the support, Emma's independence increased and she is now able to carry out tasks related to her health and hygiene on her own, and needs less help.

"The support has been really good. I feel really good about me doing things for myself." - Emma

Why is it important to improve independence?



So you feel safe and can do more for yourself at home and in the community...

What we can help you with

What the pathways can help you with

Telecare

Finding out what equipment can help you and how to use it.



Speaking up

Saying what you want and having confidence.



Activities

Looking and arranging things to do.



Housing options

Showing you what to do and who to speak to.

College and Training

Finding a course.



Budgeting

How to pay bills and make your money last.

Keeping well

Doing sports, eating well, looking after your health.



Finding work

Looking for paid or voluntary work.

Developing skills at home

Cleaning, cooking and housework.



Information and advice

Making information easy to understand, letters and phone calls.

Developing skills in the community

Using the library and going shopping.



Keeping safe

Travel training, personal safety.

How much does it cost? How long will you help me for?

It will not cost you anything to have support from a Kent Pathway Service worker.



The workers will support you between 1 and 12 weeks to you to do more for yourself

How Kent Pathways Service can help you - Toni's story



Toni was referred to the service to look for activities to do in the afternoon
Toni said "Pathways helped me find Boccia and I really enjoy it!"

How Kent Pathways Service can help you - James's story



James's goal was to join the Gym to improve his Health and Well Being!

James has lost 1 stone in weight and 3 inches off his waist.

James is very pleased with himself for losing weight. "I'm more active now and can walk quicker".

How Kent Pathways Service can help you - Andrew's story



Andrew's goal was walk to the shop
by himself so he can buy his Mum
some milk if she needs it.

Andrew said:

"I like to go to the cafe by myself
now and I buy milk for my mum
from the Co-op."

Any Questions?

