



Feedback

Kent Learning Disability Partnership
board meeting 7th April 2022



aspens

Professionals Social Group – 1st
Monday of each month

O.V.O.C (Our Voices Our Choices)
– Weekly

Aspens Angels Be-Friending
Group – Weekly

Learn and Move Session – last
Friday of each month

#loveislove LGBTQ Safe Zoom
Group – Monthly first Tuesday of
the Month starting in June



Professionals Social group

We have continued with our Professionals Social Group Meetings in Tonbridge Wells.

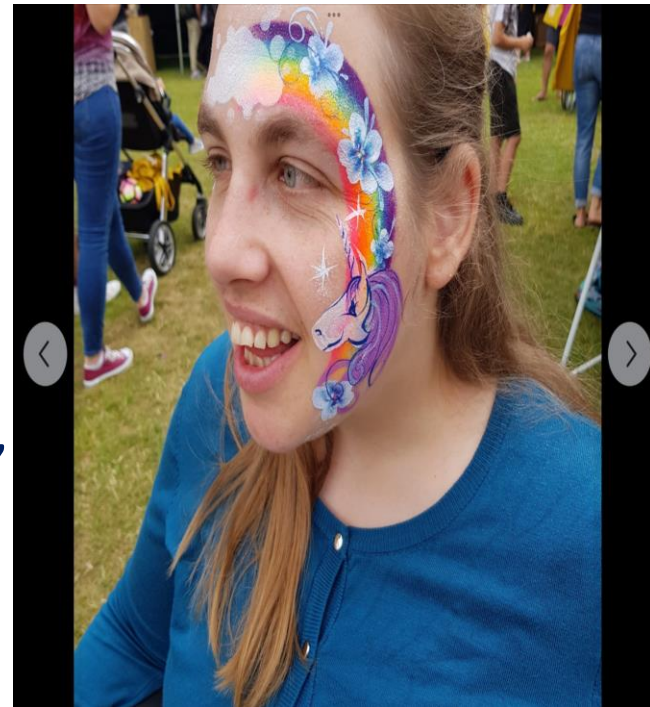
These groups are for those who lack confidence in a pub/restaurant setting.

Great opportunity to meet new friends



The O.V.O.C (our voices our choices) group and Facebook

We've been meeting in person and it's been lovely to see everyone again at our weekly meetings. Gemma recently travelled to London and didn't have a very good experience, so we are working with London transport to improve a wheel chair users travelling experience.



Mental Health – O.V.O.C

We've been talking about the attack on Ukraine and why this is happening, some people have been very anxious after seeing Russia's invasion on TV.

We've talked about our coping mechanisms.



Aspens Angels Be-friending Virtual Group

The Aspens Angels meet on Zoom weekly, and the group run this group themselves, giving each other the opportunity to be the chair.

The group are now meeting up in person socially.



Learn and move sessions are back

The learn and move sessions are held at the Angel Centre Leisure Centre in Tonbridge

These are held on the last Friday of the month.
They start at 2-3.30 pm
£3 entry



We have been doing some work around relationships

We turned our cafe into a restaurant for Valentines Day – the evening was for those couples who would like to go on dates in their local areas, but needed to build on their confidence to do so first.

This was a lovely event for the couples who dedicated songs to their valentine and also had a dance.

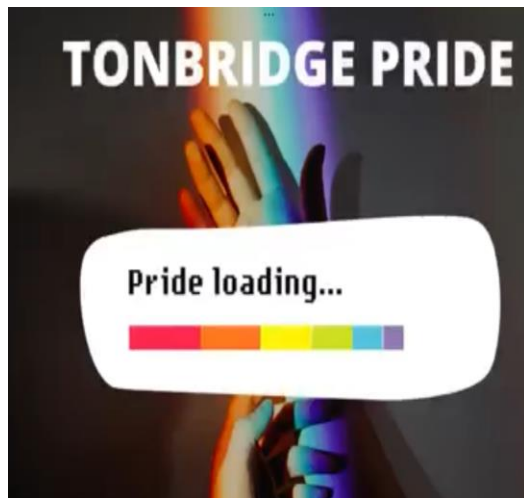


#LovelsLove LGBTQ safe group

Starting in June - first Tuesday of every Month

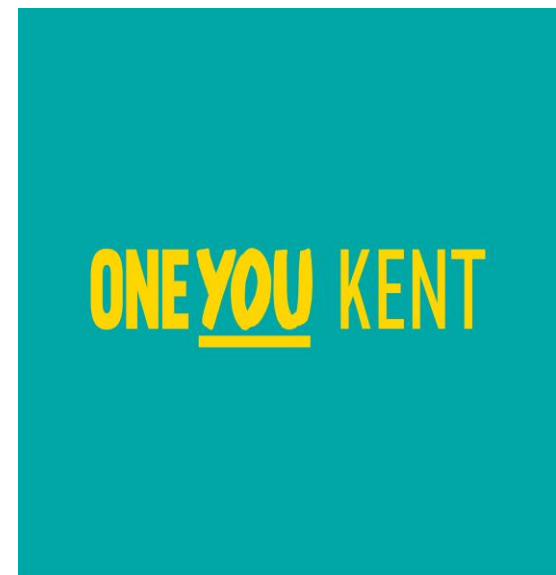
We are going to Tonbridge Pride on 6th August

If you are on TikTok follow Edith @starflight4842



12 Week weight Management programme

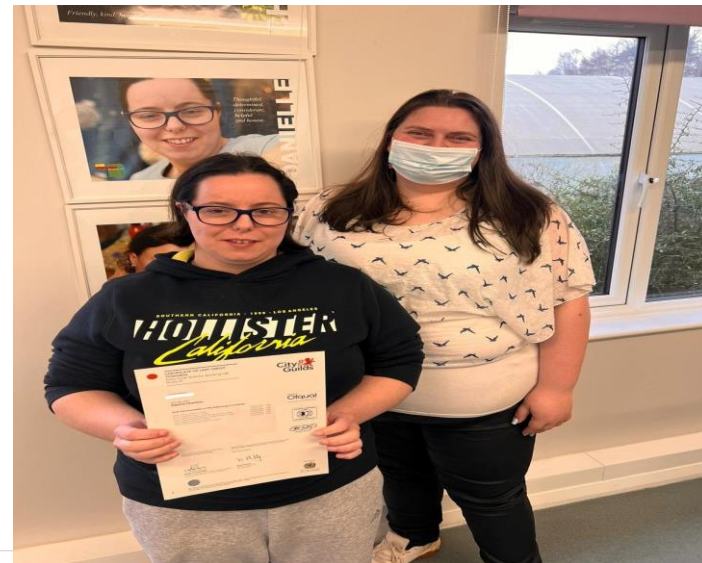
We are working with One You Kent who are delivering a 12 week weight management programme.



We are starting a campaign for everyone with a disability to be offered the choice of paid employment

We are going to have a jobs fair in July – we will be inviting people to come along and meet those who are looking for paid employment.

This will be an event at the Tonbridge Angel Centre (date to be confirmed).





Thanks for watching our presentation

If you are interested in joining our events/meetings please

Contact ; Janine.Jacquin@aspens.org.uk